

Dear Players and Parents:

My name is Jason Barr, and I would like to introduce myself as Coach of the 2025/2026 U18 West Carleton Crusaders. I have been coaching hockey for the past 20 years or so. I have coached in Brampton, Niagara, and the last 3 seasons, I have been part of the WCMHA. Most recently last season, I was an Assistant Coach with the U16 Crusaders.

My family lives in Kinburn. I have 2 sons that have long since finished their Minor Hockey careers. I do not have any players on the team. I am often asked why I continue to be involved in Minor Hockey if my kids no longer play. Valid question. The simple truth is that I love hockey, coaching and seeing players develop to the best of their potential.

With regards to this upcoming season; a positive attitude, communication, respect, responsibility, and accountability will all be key in making it a successful one, on and off the ice. I will expect hard work. I will not expect perfection except for one area. That area is **Effort**. 100% effort is always expected.

Practices will focus on individual skills, teamwork, and opportunities to play in different game situations. I believe that players need to play to get better, not sit on the bench. Players will be tasked with all aspects of the game including power play and penalty killing. We will need to have trust in each other to have success on the scoreboard.

We will all, Coaches, Players, Parents and families, conduct ourselves appropriately in and around the rink. After all we are representing the WCMHA, West Carleton, and of course ourselves.

I encourage players to ask questions. I may not have all the answers immediately, but we can certainly do our best to work things out together.

We are confirmed to be competing in 3 tournaments this season:

- October 31-Nov 2 Belleville Mid-Season Tilt (Hotel stay required)
- November 28-30 Pembroke Silver Stick (Hotel stay available)
- January 15-18 Oakville Rangers Winter Classic (Hotel stay required)

There is an option for a 4th local tournament should the dates work out and possibly a 5th depending on how we finish in the Silver Stick.

I look forward to tryouts. Players are expected to show up to tryouts prepared and in Game condition. Conditioning will be key to our season success. Every eligible player is encouraged to come out and try their best. The team will be selected based on players' attitude, work ethic, skill and willingness to contribute to a positive team environment. All spots are open.

I appreciate the opportunity to Coach the U18 Crusaders. I am looking forward to an enjoyable season.

Thanks, and good luck!

Jason