

I am excited to have been named the Head Coach for the U15 West Carleton Crusaders for the 2024-2025 season. It has been a while since I've worked with the 2010 birth year; I am elated to return to the bench and lead them.

This particular team is coming off of two very successful seasons, I am looking forward to building off this success, and continuing with their growth.

As a group we are going to work hard in practice. Our practices will be high tempo, with designated time for skating refinement, a lot of passing/flow drills, as well battle drills with work on puck possession, control and protection.

Our game play will be all inclusive. We will win as a team, everyone will have their role, and everyone can expect their turn on the ice.

We will run a disciplined bench, encouraging respect toward our officials. Our gameplay will be sportsmanlike from puck drop to the final buzzer. Our presentation, and behavior around the rink will be professional, and responsible. We will be representing the Crusader organization, and the West Carleton region with pride.

Our group will be part of the Hockey Canada Pathways program this season. We will be participating in four (4) tournaments. Our league play will consist of 28 regular season games, with the playoffs modified to a tournament format. Further details to follow as forwarded through HEO and District 4.

Tournaments:

- Oct 25-27 – Annual PEC Milk Tournament – Picton/Belleville
- Nov 22-24 – Regional Silver Stick – Pembroke
- Jan 3-5 – Annual Capital Winter Classic – Bell and/or Richcraft Sensplex
- Jan 24-26 – Gene Harrington Winter Ice Experience – Niagara/Buffalo

I would like to encourage any, and all motivated 2010 born WCMHA members to come to try out for our team in September. I will be looking to fill our roster with players that show a positive work ethic, and that show the best potential in being a team player.

Enjoy the rest of the summer, I look forward to seeing you in the Fall!

Regards,

Stephen Beck
U15 WC Crusaders Head Coach
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