

U14 - West Carleton Crusaders 2024-2025

Dear Players and Parents,

I hope this message finds you well and full of excitement for the upcoming hockey season. My name is Chad Lacharity and I am thrilled to introduce myself as your u14 Coach. I feel privileged to have earned this responsibility and look forward to a season filled with growth, teamwork, and success.

With years of coaching experience and a lifelong passion for hockey, I bring knowledge and enthusiasm to the team. I believe hockey builds character, discipline and creates lifelong relationships. My intention is to develop each players skills, build a positive team environment and ensure everyone enjoys the game.

I am familiar with the challenges this year will bring. Adolescence is a period of significant change and development for teenagers. Physically, emotionally and cognitively. This is relatable to hockey with the introduction to body checking, teamwork and in game decision-making. I believe a positive hockey experience can provide appropriate support and guidance to teenagers as they navigate this period of development.

We have an exciting season ahead, filled with practices, games, playoffs, tournaments, and team-building activities designed to help each player grow and develop both on and off the ice. Like previous years, community involvement/outreach will be an expectation. We are tentatively planning for the following tournaments:

- Oct 25-27 – Ottawa
- Nov 29-Dec 1 – Kingston
- Jan 31-Feb 2 – Peterborough
- TBD

Commitment, respect, and hard work are values that we will uphold throughout the season. All players who attend tryouts are expected to do so with a positive attitude, ready to learn and be supportive of each other.

Please believe in your abilities, play with passion, and have some fun.

Go Cru Go!

Thank you,
See you at the rink.

Chad